

August 2023 Newsletter



NEXT TRAINING EVENTS

Monthly: August 10, 7PM, Sr Ctr
Radio Net: Aug 17, 7:30PM
Special: BLS-Instructor, Aug 19



Read All About It!

Check here to learn the details on Team activities this month that YOU are invited to, news of events you may have been unable to attend last month, dates that we would like you to reserve *now* for important upcoming activities, and other Team news you can use. If your curious about Team happenings, check here first! You can click on anything in [BLUE](#) for more info.

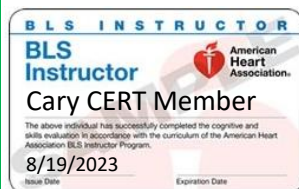
August Training: The Practical Map & Compass 8/10, 7-8:30PM, Cary Senior Center

Come join Cary CERT's George Dolicker in a follow-up to last month's map plotting class. This month we will use a compass to take bearings and fixes on distant objects, learn quick compass references to confirm our progress along a route, accurately measure distances as we walk, and navigate along a precision route outside using compass bearings and step counts. We will also learn how to make a manual pace counting tool to keep track of your distance travelled.

Please bring a magnetic compass, a pencil, and a notebook.



Special: CPR-BLS Instructor Course Just for Cary CERT 8/19, 9AM-5PM, Wake Tech



For those with a current American Heart Association BLS Provider certification, and who are willing to teach CPR on behalf of Cary CERT, this is a special opportunity to become certified as a CPR/BLS Instructor in a one-day class offered specially for Cary CERT. With our own cadre of CPR/BLS instructors, Cary CERT can teach and certify this life-saving skill to our own members, our CERT Basic students, and to the community in classes and at special events. While registration is free, there is a \$17 fee for the books

and instructor card. **RSVP to carycert@gmail.com today!!! We have 9 total slots available for this class.**

Cary Lazy Daze Arts and Crafts Festival 8/26 & 27, 8AM-5:30PM, Cary Town Hall Campus

As summer winds down, Cary welcomes thousands of guests downtown for the annual **Cary Lazy Daze Festival** on the last weekend of August. Cary CERT continues to be invited to participate in the **Our Town** section of the festival that showcases town service providers at booths **inside** the delightfully air-conditioned town hall. In addition to increasing awareness of Cary CERT and the CERT Basic training class, we educate and encourage all those we talk with about preparing for the unexpected and the potential hazards most likely in our Cary area.



We need your help!!! We need both experienced and newer members to ensure our Cary CERT table is well staffed throughout this 2-day event. Please check your calendars, then sign up for shift lead or volunteer shifts [HERE](#). Please sign up for more than a single shift if you can! Email any questions about the event or signup to Events Chair [Sonia Estroff](#).

RECENT HAPPENINGS

July Training: Map Reading and Using a Compass 7/13, 7-8:30PM, Cary Senior Center

Civil Air Patrol Lt. Col Pete Bohler presented a hands-on, practical session on map reading and coordinates using state-of-the-art [SARTOPO tools](#). Providing each attendee with a very portable transparent map overlay, Pete showed the team how to find the grid coordinates for their location on a map, and how to find the point on a map indicated by a set of USNG coordinates (different that latitude/longitude), and then challenged everyone to perform both skills on their own.



PRESIDENT'S NOTES

Hello Cary CERT!

What a year so far! In addition to our monthly Team training and board meetings, we've offered special training opportunities and turned out to support Cary at festivals and events... and there's lots more coming up every month this year. Luckily I have a stellar board and dedicated committee chairmen to help keep it all moving. I couldn't do it without each and every one of them. As I said at the beginning of the year, I'm a huge supporter of committees, and we still have three key committees that need a chair to lead them, and every committee would be grateful for your help. Please see the **Help Wanted** section of this newsletter.

Have you ever looked at the [Wikipedia page for CERT](#)? It's an interesting page that details some of the conversations we've been having in our own CERT group, like do we get background checks, do we teach CPR, can we self-deploy in our own neighborhood, etc. These conversations happen nationwide, and overall CERT has expanded to meet the needs of the community where it is located.

With your help we will continue to expand and improve our training for the Basic class and for the monthly trainings so you feel prepared to help yourself, your family, and your neighbors when an emergency happens.

Until next month... *Julie*

SAVE THE DATES!!!

Cary CERT Board Meetings

August 2, 6:30PM, Cary Fire Administration Building, 100 North Academy St

September 6, 6:30PM, Cary Fire Administration Building, 100 North Academy St

Cary CERT Emergency Radio Net

8/17, 7:30PM, On the Air!!! [Click here for instructions on how you can join or just listen in.](#)

Cary CERT Basic Class

September 8, 9, and 10, Cary Fire Station 9

Friday 6-9PM; Saturday and Sunday 9AM-5PM. We need your help each day with this class, particularly in the units that involve hands-on practical training. We need at least 5 skills instructors for each of the training modules, and ten for the final exercise on Sunday afternoon. **If you are willing to help with this important class, please join the training committee on August 9th at 7PM at Cary Fire Station 9.**

Cary Public Safety Day

September 16, 11AM-2PM, Academy St.

CERTEX 2023: State-wide CERT Exercise

September 30, 9AM-3PM

Work together with CERTs from across the state. The event shows as “class is full,” but spaces will be opening up, and you can still get on the waiting list on [Terms](#) to grab one of those slots as they may become available.

Cary CERT Full-Scale Exercise

November 4, 9AM-2PM, Wake County Fire Training Center

Practice your skills! Work together with your team! Challenge your critical thinking! Work on your task books (See below)! Have lunch! Cary CERT will deploy for a simulated emergency that will exercise the team across multiple critical skill areas. You will not want to miss this fun training event!

TRAINING REVIEWS

CERT Volunteer Credential in the National Qualification System

Great News! You have completed *all* the training requirements for your credential as a “CERT Volunteer – Type-2” (CERT Basic plus on-line classes IS-100, IS-200, IS-700, and IS-800), and for Type-1 (IS-288 and IS-505)! You HAVE, right?!!! But there’s still more to do to get that national credential: you have to complete your [CERT Volunteer Position Task Book](#) that documents YOUR experience in CERT functions... and we’re here to help! Both the NC CERTEX on September 30th and the Cary CERT Full-Scale exercise on November 4th are aligned to help you complete many of your task book requirements. Come to both events, and you are well on your way!

Don’t forget to send copies of all your completed training certificates to carycert@gmail.com! We appreciate and recognize your hard work in advancing your training!!!

HELP WANTED!!!

This issue of the newsletter is FILLED with upcoming activities that require significant amounts of additional volunteer effort to happen. Here is a synopsis of the asks from this issue:

The Communications Committee needs a chairman and members to coordinate social media and external communications. This is Cary CERT's public relations arm that helps our work be visible to the community to drive community preparedness, resiliency, and generate interested new member candidates. You don't have to run the committee or be able to do it all, just be a part and help with this important function.

The Moulage Committee needs a chairman and members to create the realistic make-up that lends a sense of realism, excitement, and gore to first aid and disaster exercises. We have several events coming up in the next couple of months that benefit tremendously from moulage: the CERT basic class final exercise on September 10th, the CERTEX statewide exercise on September 30th, and the Cary CERT Full-Scale Exercise on November 4th.

The Fundraising Committee needs a creative and outgoing chairman and members to help us fund our work. CERT relies of fundraising from donations, fund-raising events, community sponsors, and grants to operate. Is there an area of fundraising that interest you? Come aboard!

The Cary Lazy Daze Event needs to fill 24 time-slots to fully staff our table with 3 volunteers over the 16 hours of this annual event. This is our most visible event of the year. We hope that you can volunteer for more than one slot! Sign up [HERE!](#)

The Fall Cary CERT Basic Class needs skills instructors and facilitators to turn out 2 dozen new fully-trained community resiliency resources and potential new Cary CERT members. **If you are willing to help with this important class, please join the training committee on August 9th at 7PM at Cary Fire Station 9.**

We hope that you are willing to help with one or more of these committees and at one or more of these events. If any of these pique your interest, find out more by sending an email to carycert@gmail.com

As Cary CERT President Julie Carlino mentioned in her monthly column above, Cary CERT is a 100% volunteer organization that only runs with the generous donations of time, effort, and skills by YOU, our members. CERT is grateful for your participation in all our meetings, trainings, exercises, and special events. CERT is particularly grateful for the amazing amount of work our members put in behind the scenes that make all those activities happen with what looks like effortless ease. They are neither effortless nor easy.

THANK YOU!



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Board of Directors

President - Julie Carlino
Vice President - George Dolicker
Secretary - Robin Lane
Treasurer - Stan Levine
Member-at-Large - Steve Botha
Member-at-Large - Tom Hegele
Member-at-Large - Dave Taylor
CFD Liaison – Capt. Blake Boyd
CFD Liaison – Asst. Chief Matt Jacoby

Committee Chairs

Communications - **OPEN**
CERN - Randy Stark
Events - Sonia Estroff
Training/Membership - Dawn Truskowski/Julie Carlino
CERT Trailer Logistics - Randy Stark
Moulage - **OPEN**
Fundraising - **OPEN**



TRAINING LINKS

[North Carolina Emergency Management Training](#)
[FEMA Emergency Management Institute On-Line Independent Study Courses](#)
[FEMA Emergency Management Institute Resident and Remote Courses](#)